





Development of Sustainable Construction Materials Out of Paper Waste towards Green Buildings

Undergraduate Research Competition

Abu Dhabi University

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Paper Waste and Circular Economy Introduction



- Paper waste is the most abundant component of municipal solid waste, with a percentage of ca. 30% (Zhou et al., 2015).
- It is also generated as paper reject in papermills during the papermaking process (Bajpai et al., 2015).
- Paper waste is viewed as a resource as per the circular economy concept (Shakir et al., 2013).
- It can be utilized by breaking it down into its physical and chemical structures to create new products (Zhou et al., 2015).



Ittihad Paper Mill LCC

- Ittihad Paper Mill (IPM), is the largest producer of printing and writing paper in the MENA region.
- IPM's products are in compliance with global environmental standards, with pulp being sourced only from certified sustainable forests.
- This is in line with ADU's vision regarding environmental sustainability and resource management.
- In this project, we aim to utilize a major paper reject stream (Broke Screen Reject, 43 m³/day) from IPM's papermaking process.







Buildings are responsible for a significant amount of energy, electricity, and resource consumption (Gholipour et al., 2022).

- Lowering buildings' energy use is essential for accomplishing the SDGs (Liu et al., 2022).
- A "green building" minimizes or prevents adverse effects on the climate and environment (Gholipour et al., 2022).
- Energy and material efficiency are two major aspects of green buildings (Haile et al., 2021).
- Insulation materials, crucial in UAE and GCC, impact energy consumption (Haile et al., 2021).



USA (2015): 39% EU (2014): 38% UAE (2013): 60%

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(Pichtel, 2014)



Green Buildings



Overall Goal: Convert paper waste into a sustainable wall insulation material with low thermal conductivity for green buildings

Sub Goal I: Convert paper waste to cellulose nanofibrils (CNFs) using ultrasonication combined with acid pretreatment

Sub Goal II: Convert the CNFs to an insulation foam with low thermal conductivity using freeze-drying



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- Cellulose, the most abundant biopolymer on Earth, constitutes a substantial portion (40–60%) of wood mass, and can be obtained in the form of fibers ranging from 20–40 µm in thickness through pulping (Mao et al., 2017).
- Cellulose nanofibers (CNFs) are semi-crystalline spaghetti-like nanoparticles with a thickness of 5–30 nm and a length of a few micrometers (Mao et al., 2017).
- CNFs have high mechanical properties, biodegradability, and high surface area (Jami et al., 2019).
- We aim to produce nanofibers for enhanced insulation; CNF foams offer high porosity and small pores, reducing thermal conductivity as per Knudsen Effect.

Paper Waste - Cellulose Fibers



Cellulose Nanofibrils (CNFs)



Literature Review



01	One study has thoroughly discussed the structural, morphological, and thermal properties of cellulose nanofibers produced from wastepaper, and their use as reinforcement in materials (Najafabadipoor et al., 2022).		
02	Strong mechanical fibrillation is mostly used for the preparation of CNFs, depending on the properties of the raw materials (Zeng et al., 2021).		
03	A variety of mechanical disintegration processes such as ultrasonication, high- speed mixing, ball milling, high-pressure homogenization, and cryocrushing have been employed to make CNFs (Nasir et al., 2022).		
04	Ultrasonication generates high temperature, pressure, and shear force during the process due to sonic cavitation, promoting a significant reduction in particle size (Shahi et al., 2020).		
05	Sulfuric acid hydrolysis is the most researched and extensively used pretreatment for producing CNFs (Vanderfleet et Cranston, 2021).		
06	CNF composite foam has exceptional flame resistance and self-extinguishing properties, which increases the scope of CNF-based foam's use in energy-efficient buildings (Wang et al., 2019).		



Lack of tested research on recycled cellulose fibers frompaper waste, with a few studies demonstrating applications of recycled fibers in construction materials.

Lack of research on optimum ultrasonication conditions including sonication time, sonication power, and concentration of paper waste required to ultrasonicate the paper waste into nanocellulose.

03 Lack of research on converting nanocellulose into foam material with low thermal conductivity.



Stage 1: CNFs from Paper Waste

Stage 2: Insulation Foam from CNFs



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19 Ultrasonicated Paper Waste Samples under Different Conditions



Pretreatment	Sample Concentration (%)	Power (W)	Time (minute)
Paper Waste	0.5%	-	-
	0.5%	50% (60 W)	10 min
		50% (60 W)	30 min
Ultrasonicated Samples without		50% (60 W)	60 min
Sulfuric Acid Pretreatment		100% (120 W)	10 min
		100% (120 W)	30 min
		100% (120 W)	60 min
	0.5%	50% (60 W)	10 min
		50% (60 W)	30 min
Ultrasonicated Samples with		50% (60 W)	60 min
Sulfuric Acid Pretreatment		100% (120 W)	10 min
		100% (120 W)	30 min
		100% (120 W)	60 min
	1.0%	50% (60 W)	10 min
		50% (60 W)	30 min
Ultrasonicated Samples with		50% (60 W)	60 min
Sulfuric Acid Pretreatment		100% (120 W)	10 min
		100% (120 W)	30 min
		100% (120 W)	60 min

CNF Production Optimization – Fibrillation Degree

High fibrillation degree was obtained using:

- High ultrasonication power
- Sulfuric acid pretreatment

- Low paper waste concentration
- Prolonged ultrasonication time



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CNF Production Optimization – Fibrillation Degree



The efficiency of coupling ultrasonication with sulfuric acid pretreatment to produce CNFs from paper waste was confirmed using:

• Height photo using Atomic Force Microscopy (AFM)



Characterization and Potential of the Produced CNF Foams as Insulation Materials



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Characterization and Potential of the Produced CNF Foams as Insulation Materials



- As the fibrillation degree increases, the thermal conductivity of the formed foam decreases because of the enhanced thermal insulation (Knudsen Effect).
- High fibrillation degree resulted in thermal conductivity of 27.6 ± 1.9 mW/m.K.
- This decrease in thermal conductivity suggests that foams have lower thermal conductivities with lower pore volume.



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Cellulose Nanofibrils to Insulation Material Major Findings





Conversion of paper waste to cellulose nanofibrils using ultrasonication and sulfuric acid.



Optimization of the sonication time, sonication power, and concentration of paper waste.



Optimum conditions: 60 mins, 120 W, with sulfuric acid pretreatment.



Foam's thermal conductivity is impacted by sonication conditions.



The higher the fibrillation degree, the lower the thermal conductivity.



Insulation material thermal conductivity = 27.6 ± 1.9 mW/m.k (comparable to the insulation materials available in the market).



On the Conversion of Paper Waste And Rejects into High-Value Materials and Energy, 2023, 15(8), 6915; <u>https://doi.org/10.3390/su15086915</u>

Sustainable Construction Materials towards Green Buildings, **To be submitted**

Mini-review about Ultrasonication to Make Cellulose Nanofibrils, To be submitted

The production of cellulose nanofibrils in high yield from paper waste using ultrasonication, **Manuscript in Preparation**

Low thermal conductivity insulation foams from paper waste, **Manuscript in Preparation**



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Thank You for Your Attention!

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