

Curriculum

COURSE CODE	COURSE TITLE
CLP 524	Think like a Psychologist: Advanced Clinical Psychology
CLP 525	Ethics in Clinical Psychology Practice
CLP 526	Advanced Healthcare Research Methodology
CLP 528	Advanced Biostatistics
CLP 527	Clinical Psychopathology, Clinical Diagnosis, and Treatments
CLP 529	Advanced Clinical Psychotherapy for Children
CLP 630	Advanced Clinical Psychotherapy for Adults
CLP 690	Designing and Submission of Clinical Research Thesis Proposal
CLP 550	Clinical Psychology internship 1
CLP631	Health Psychology and Mental Health
CLP650	Clinical Psychology Internship 2
CLP 699	Thesis in Clinical Psychology and Mental Health



MSC IN CLINICAL PSYCHOLOGY AND MENTAL HEALTH

Program Overview

The Master of Science (MSc) in Clinical Psychology and Mental Health at Abu Dhabi University prepares future mental health professionals with advanced clinical competencies, research capabilities, and ethical grounding. The program equips students with in-depth knowledge of psychological theory, diagnostics, and evidence-based therapeutic interventions while addressing contemporary mental health challenges at the individual and community levels.

This program, delivered through academic coursework, supervised clinical internships, and an original thesis project, provides students with hands-on experience essential for professional licensure and leadership roles in mental health services across the UAE and beyond.



Graduates will gain the following knowledge and skills:

- Advanced understanding of psychopathology, psychological theories, and treatment modalities
- Proficiency in clinical assessment, diagnosis, and therapeutic intervention planning
- Competence in delivering individual and group psychotherapy using evidence-based techniques
- Skills in conducting and applying research in clinical psychology through a graduate thesis
- Professional communication, supervision, and collaboration in interdisciplinary mental health teams

Approach to teaching

This master's program significantly enhances knowledge and clinical competencies, providing graduates with specialized psychological assessment, diagnosis, and intervention expertise. It delivers rigorous training in advanced therapeutic techniques and clinical supervision, preparing students for high-impact roles within healthcare systems and mental health services.

This advanced degree positions graduates for licensure and leadership in clinical settings, academic institutions, and policy-making bodies. It broadens career prospects, enhances salary potential, and enables graduates to contribute meaningfully to the mental health landscape nationally and internationally.

Career Opportunities

1. Advanced Clinical Practice: Licensed Clinical Psychologist, Psychotherapist, Mental Health Consultant, Clinical Case Supervisor
2. Healthcare and Hospital Roles: Senior Mental Health Specialist, Behavioral Health Coordinator, Rehabilitation Consultant
3. Community and NGO Services: Program Manager, Crisis Intervention Lead, Clinical Services Coordinator
4. Education and Academic Roles: School Clinical Psychologist, University Lecturer, Researcher, Teaching Assistant
5. Policy, Government, and Public Health: Mental Health Policy Advisor, Program Developer, Analyst in Government Agencies
6. Private Sector and Entrepreneurship: Licensed Private Practitioner, Mental Health Clinic Owner, Program Developer