

Curriculum

Total credit hours: 120

COURSE CODE	COURSE TITLE	COURSE CODE	COURSE TITLE	COURSE CODE	COURSE TITLE
General Education Requirements: 42 Credit Hours					
ARL 101(A)	Communication Skills in Arabic I	ENG 200	English II	FWS201	Fundamentals of Life Skills
FWS 211	Fundamentals of Emotional Intelligence	FWS 305	Technical Communications for Workplace	FWS 310	Fundamentals of Innovation and Entrepreneurship
FWS100	Academic Skills for Success	FWS205	UAE and GCC Society	ISL100(A)	Islamic Culture
College Requirements: 12 Credit Hours					
DTC 212	Fundamentals of Design Thinking	MAC317	Public Speaking	ASC301	Research Report Writing
PSY415	The Resilient Mind				
Major Core Courses: 66 Credit Hours					
PSY100	Introduction to Psychology-1	PSY310	Abnormal Psychology	PSY 110	Introduction to Psychology-2
PSY312(L)	Introduction to Psychology Lab- A-B-C	PSY200	Brain and Behaviors	PSY320	Counseling Psychology
PSY202	Introduction to Statistics for Psychology-1	PSY330	Fundamentals of Psychotherapy	PSY210	Cognitive Psychology
PSY340	Health Psychology -Wellbeing and Positive Mental Health	PSY211	Introduction to Statistics in Psychology 2	PSY350	Psychology of Creativity
PSY220	Experimental Psychology	PSY400	Industrial Psychology	PSY221	Psychology of Sustainability and Environmental Behavior
PSY410	Media Psychology	PSY230	Psychological Transitions Across the Lifespan	PSY420	Psychometrics
PSY240	Research Methods in Psychology	PSY430	Applied Psychology Research Design Project	PSY300	Social Psychology
PSY 499	Internship				
Major Elective Courses (Need to choose any 3 courses from list of 5 courses): 12 Credit Hours					
PSY223	Behavior Modification	PSY311	Artificial Psychology	MGT255	Organizational Behavior
PSY325	Psychology Careers and Applications	INR 301	Cross-Cultural Psychology	PSY305	Orientation to School Counseling
Open Elective Courses: 6 Credit Hours					
OE 1	Open Elective 1	OE 2	Open Elective 2		



BACHELOR OF ARTS IN PSYCHOLOGY



جامعة أبوظبي
Abu Dhabi University

College of Arts, Education, and Social Sciences

Program Overview

Embark on an exciting journey and discover the power of understanding the human mind with our Bachelor of Arts in Psychology Program, and graduate from our university ranked among the top 3 in the country.

The Bachelor of Arts in Psychology is designed with a dynamic curriculum to equip students with a deep understanding of human behaviour through a blend of theory, practical applications, and cultural relevance. Rooted in evidence-based practices, the course prepares graduates for impactful learning to start a career, and present with a strong foundation for advanced studies in psychology.

Ranked among the top 3 in the UAE, Abu Dhabi University's Bachelor of Arts in Psychology offers a transformative journey into the human mind. Combining evidence-based & experiential learning, cultural relevance, and hands-on experience, this program prepares you for impactful careers in mental health, education, business, and research. Guided by expert faculty and enriched with real-world opportunities, you'll graduate ready to make a difference in the UAE and beyond—whether in professional practice or advanced studies. Shape the future of psychology with ADU



Career Prospects

Graduates of this program can pursue careers as specialized practitioners in a diverse range of psychology-related fields. Healthcare institutions, governmental agencies, educational organizations, and corporate firms continually seek well-qualified psychology professionals.

Graduates may also choose to pursue advanced studies in fields such as:

- Mental Health Support Worker
- Behavioral Technician
- Psychiatric Technician
- Market Research Assistant
- Rehabilitation Specialist
- Academic Advisor
- Victim Advocate
- Community Outreach Coordinator
- Youth Counselor

Further Education Paths like, Master's or PhD in Clinical psychology or any other specializations, Law, medicine, Nursing etc.