

Curriculum

Total credit hours: 120

| COURSE CODE | COURSE TITLE | COURSE CODE | COURSE TITLE | COURSE CODE | COURSE TITLE |
|---|---|-------------|---|-------------|---|
| General Education Requirements: 42 Credit Hours | | | | | |
| ARL 101(A) | Communication Skills in Arabic I | ENG 200 | English II | FWS201 | Fundamentals of Life Skills |
| FWS 211 | Fundamentals of Emotional Intelligence | FWS 305 | Technical Communications for Workplace | FWS 310 | Fundamentals of Innovation and Entrepreneurship |
| FWS100 | Academic Skills for Success | FWS205 | UAE and GCC Society | ISL100(A) | Islamic Culture |
| College Requirements: 12 Credit Hours | | | | | |
| DTC 212 | Fundamentals of Design Thinking | MAC317 | Public Speaking | ASC301 | Research Report Writing |
| PSY415 | The Resilient Mind | | | | |
| Major Core Courses: 66 Credit Hours | | | | | |
| PSY100 | Introduction to Psychology1- | PSY310 | Abnormal Psychology | PSY 110 | Introduction to Psychology2- |
| PSY312(L) | Introduction to Psychology Lab- A-B-C | PSY200 | Brain and Behaviors | PSY320 | Counseling Psychology |
| PSY201 | Introduction to Statistics for Psychology1- | PSY330 | Fundamentals of Psychotherapy | PSY210 | Cognitive Psychology |
| PSY340 | Health Psychology -Wellbeing and Positive Mental Health | PSY211 | Introduction to Statistics for Psychology11- | PSY350 | Psychology of Creativity |
| PSY220 | Experimental Psychology | PSY400 | Industrial Psychology | PSY221 | Psychology of Sustainability and Environmental Behavior |
| PSY410 | Media Psychology | PSY230 | Psychological Transitions Across the Lifespan | PSY420 | Psychometrics |
| PSY240 | Research Methods in Psychology | PSY430 | Applied Psychology Research Design Project | PSY300 | Social Psychology |
| PSY 499 | Internship | | | | |
| Major Elective Courses (Need to choose any 3 courses from list of 5 courses): 12 Credit Hours | | | | | |
| PSY223 | Behavior Modification | PSY311 | Artificial Psychology | MGT255 | Organizational Behavior |
| PSY325 | Psychology Careers and Applications | INR 301 | Cross-Cultural Psychology | PSY305 | Orientation to School Counseling |
| Open Elective Courses: 6 Credit Hours | | | | | |
| OE 1 | Open Elective 1 | OE 2 | Open Elective 2 | | |



BACHELOR OF ARTS IN PSYCHOLOGY



جامعة أبوظبي
Abu Dhabi University

College of Arts, Education, and Social Sciences

Program Overview

Embark on an exciting journey and discover the power of understanding the human mind with our Bachelor of Arts in Psychology Program, and graduate from our university ranked among the top 3 in the country.

The Bachelor of Arts in Psychology is designed with a dynamic curriculum to equip students with a deep understanding of human behaviour through a blend of theory, practical applications, and cultural relevance. Rooted in evidence-based practices, the course prepares graduates for impactful learning to start a career, and present with a strong foundation for advanced studies in psychology.

Ranked among the top 3 in the UAE, Abu Dhabi University's Bachelor of Arts in Psychology offers a transformative journey into the human mind. Combining evidence-based & experiential learning, cultural relevance, and hands-on experience, this program prepares you for impactful careers in mental health, education, business, and research. Guided by expert faculty and enriched with real-world opportunities, you'll graduate ready to make a difference in the UAE and beyond—whether in professional practice or advanced studies. Shape the future of psychology with ADU



Career Prospects

Graduates of this program can pursue careers as specialized practitioners in a diverse range of psychology-related fields. Healthcare institutions, governmental agencies, educational organizations, and corporate firms continually seek well-qualified psychology professionals.

Graduates may also choose to pursue advanced studies in fields such as:

- Mental Health Support Worker
- Behavioral Technician
- Psychiatric Technician
- Market Research Assistant
- Rehabilitation Specialist
- Academic Advisor
- Victim Advocate
- Community Outreach Coordinator
- Youth Counselor.

Further Education Paths like, Master's or PhD in Clinical psychology or any other specializations, Law, medicine, Nursing etc.