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Chancellor of Abu Dhabi University, Past President ...
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Strengthening Bonds: A Memorable Suhoor Gathering

Yesterday, we had the pleasure of attending a delightful Suhoor gathering, hosted by our esteemed Chairman, Dr. Ali Bin Harmal Aldhaheeri, Ph.D. The event brought together colleagues from **NEMA Holding** and its affiliated entities, including **Abu Dhabi University**, **Liwa College**, **Knowledge Group Consulting** (KGC), and Arclight Services.

We are truly grateful to our visionary Chairman for organizing this gathering, which not only aimed to foster connections among the various entities but also emphasized the importance of collaboration and unity as a single team. Together, we can achieve far greater heights.

The atmosphere was both relaxing and engaging at ADNEC, and the delicious food served was only outdone by the warm company of friends and colleagues. This gathering was a perfect blend of excellent food, camaraderie, and a welcoming spirit from the Chairman, creating an ideal environment for team building and strengthening our network.

We look forward to future gatherings that continue to build on these connections and drive our collective success!

I would like to express my sincere thanks to my esteemed colleagues **Nahida Hassan** and **Kristina E. Turner** for organizing such an enjoyable event.

Suhoor is the pre-dawn meal that Muslims consume before beginning their fast during the holy month of Ramadan. It is a significant part of the fasting process, as it provides nourishment and energy for the day ahead. Suhoor is typically eaten before the Fajr (dawn) prayer, and it may include a variety of foods, such as fruits, bread, yogurt, and drinks to maintain hydration. The meal is intended to help sustain individuals throughout the day while they abstain from food and drink until sunset. Suhoor can also be a time for family and community gathering, fostering a sense of togetherness during Ramadan.

**#Suhoor #Ramadan #TeamBuilding #Networking
#NEMAHolding #Collaboration #Unity #TogetherWeAchieve
#AbuDhabi #Community**

Prof. Mohamed Dhiaf Abdallah Osseiran Ahmad Badr Eng Anwar Ali Hamad Odhabi Professor Barry O'Mahony Bassam Mura, MBA Noor Al Masri Malik Darwish Carine Alwane Rizk Khulud Abdallah

