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### The Most Joyful People We Want Around: A Weekend Morning Reflection

Yesterday, I discussed the most annoying people we encounter in life. Today, I want to take a positive turn and reflect on the most joyful people we wish to have around us:

Dynamic People who energize us and help us last through the day.

Caring people who radiate kindness and make the world a better place.

Knowledgeable people who inspire others with their insights and understanding, fostering a culture of learning and curiosity.

Kind-hearted people who show empathy and care for others, always willing to help those in need.

Generous people who share their time, resources, and talents freely, making others feel valued and appreciated.

Supportive people who encourage and uplift those around them, offering help and motivation during tough times.

Honest people who communicate truthfully, building trust and openness in relationships.

Positive people who maintain an optimistic outlook, inspiring those around them to see the brighter side of life.

Open-minded people who embrace different perspectives and ideas, fostering a welcoming environment for diverse opinions.

Compassionate people who show genuine concern for others' feelings and experiences, often going out of their way to offer comfort.

Fun-loving people who bring joy and laughter to the group, making every moment enjoyable and memorable.

Respectful people who value others' opinions and boundaries, treating everyone with dignity and consideration.

Trustworthy people who keep their promises and are reliable, creating a safe space for honest communication.

To maintain a positive environment, surround yourself with kind, energetic, and caring people. This is what we have at ADU.

"Surround yourself with positive people and you'll be a positive person." -Kellie Pickler

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