



**Ghassan Aouad**

Chancellor of Abu Dhabi University, Past President ...  
56m

## The Enemies of Success

Enemies of success are things that can hold us back from reaching our goals. They can be personal habits or outside influences.

Internal enemies include habits like procrastination (delaying things), fear of failure, self-doubt, lack of discipline, negative thinking, being too comfortable, and not having clear goals.

External enemies include bad relationships, distractions, not having enough resources, unhealthy competition, criticism from others, and a negative environment.

To overcome these enemies, it's important to understand ourselves, set clear goals, be resilient, surround ourselves with positive people, manage our time well, adopt a growth mindset, and take action.

These enemies can be deeply rooted in our habits and surroundings. But by recognizing and working on these issues, we can reach our full potential and achieve our goals. Success is about overcoming challenges, and with determination and the right support, anyone can succeed.

At ADU, success is at the heart of everything we do, especially the success of our students. We have cultivated a culture of positivity to overcome many of the challenges that hinder success.

"If you find it in your heart to care for somebody else, you will have succeeded." -Maya Angelou

**#Success #PersonalGrowth #Motivation #Mindset  
#OvercomingObstacles #GoalSetting #Resilience  
#PositiveInfluence #GrowthMindset**

**Hamad Odhabi Professor Barry O'Mahony Mohammad Fteiha  
Dr. Anas Najdawi Shakib Farhat Allison Hope Hamilton MHRM,  
SHRM-SCP. Roula Qasem Khulud Abdallah Abu Dhabi  
University**



72 · 9 Comments