



**Ghassan Aouad**

Chancellor of Abu Dhabi University, Past President ...  
4d



What Does HAPPINESS Mean for Me?

The letters in HAPPINESS mean the following for me:

- H - Hope & Health
- A - Achievement & Adventure
- P - Peace & Positivity
- P - Purpose & Passion
- I - Inspiration & Imagination
- N - Nourishment & Nature
- E - Energy & Empathy
- S - Success & Serenity
- S - Satisfaction & Simplicity

"Happiness is a gift and the trick is not to expect it, but to delight in it when it comes." - Charles Dickens

[#Happiness](#)



228 · 24 Comments