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The Dilemma of Balancing Dedication and the Holiday Break

I am supposed to be on a Christmas and New Year break. However, I find myself in a unique position as the Chancellor of our university. While many look forward to a break from their responsibilities, I often feel my mind racing with thoughts about our institution and its future.

Being Chancellor is more than just a title; it's a commitment to our students, faculty, staff, and the community. My love for our university drives me to constantly seek ways to improve, innovate, and support everyone involved. This dedication makes it challenging to relax during the holidays.

Even when I attempt to enjoy the festive season, my thoughts drift back to university matters—upcoming events, student needs, and academic goals. I often feel torn between the desire to celebrate and the urge to focus on my responsibilities.

To help manage this internal conflict, I remind myself to engage in family gatherings, pursue hobbies, and simply embrace the holiday spirit. Taking part in these activities allows me to recharge my mind and spirit.

Connecting with colleagues and friends about my feelings also provides support and reassures me that I'm not alone in this experience. It helps to share the challenges and joys of our roles.

I am taking time to reflect on what we've accomplished as a university this year and to consider our goals for the upcoming year. This reflection reignites my passion and commitment to our mission.

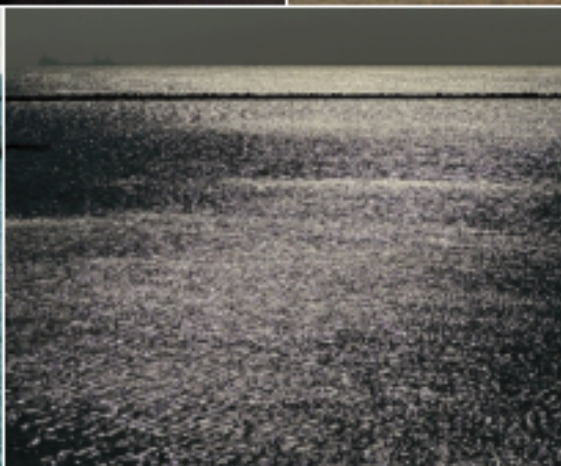
Ultimately, the holidays are a time for joy and gratitude. It's essential for me to appreciate these moments with family and friends. Taking a break doesn't mean I care less about my role; rather, it's an opportunity to recharge so I can serve better in the future.

As I navigate this holiday season, I aim to balance my commitment to the university with the need for rest. By doing so, I hope to return in the new year energized and ready to support our university community.

At least I managed to get a haircut and enjoy some walks around Amwaj Islands in Bahrain, which added a refreshing touch to my holiday!

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