

Seven Things That Really Frustrate Me

On an almost daily basis, I encounter various annoying situations. Here are seven things that really frustrate me:

## Fake Magazine Emails

I often receive emails from questionable magazines claiming I'm a "visionary leader." They want to flatter me but then ask for money to be listed. This feels insincere and turns a compliment into a sales pitch.

## 2. Job Requests

I receive emails about job opportunities at ADU that should go to HR. As the chancellor, I know these roles are already managed by our Talent Empowerment and Growth Department. It's a waste of time and shows a lack of understanding.

## Big Favor, Small Response When people ask for a big far

When people ask for a big favor but ignore small requests, it's frustrating. If someone can ask for something significant, they should also respond to minor questions. It feels disrespectful and unbalanced.

## I often receive messages from external parties that are vague or

4. Unclear Communication

poorly worded. When people don't clearly state their needs or questions, it leads to confusion and miscommunication. Clear communication saves time and effort for everyone involved.

5. Lack of Opportunities for Qualified Individuals

It's disheartening when capable individuals are overlooked for senior positions due to factors like background, gender, or other biases. Everyone deserves a fair chance to prove their skills and contribute to leadership, regardless of their identity. We try our best at ADU to be fair to everyone.

6. People Who Only Want to Hear Their Own Voice

- It's frustrating when individuals dominate conversations and seem only interested in expressing their own opinions. This not only stifles meaningful dialogue but also shows a lack of respect for others' viewpoints. Good communication requires active listening and engagement. At ADU, we are fortunate that everyone is given the opportunity to express their views for the benefit of the institution.

  7. People Who Use Others' Posts for Self-Promotion
- LinkedIn to promote their own interests. Instead of engaging with the content meaningfully, they divert attention to themselves. This behavior undermines the spirit of community and collaboration that platforms like LinkedIn are meant to foster.

  These annoyances highlight the need for better communication, respect in our interactions, and fair treatment for everyone.

It's frustrating to see individuals hijack others' genuine posts on

#FakeEmails #Insincerity #HR #JobRequests #Respect

#Diversity #Inclusion #ActiveListening #RespectfulDialogue

#Fairness #CommunicationMatters #LinkedInEtiquette

#Communication #Clarity #EffectiveCommunication #Equality