



جامعة أبوظبي

Abu Dhabi University

College of Health Sciences

Abu Dhabi University Study Visit Program

## Experience Cultural and Academic Exchange at Universiti Sains Malaysia (USM)



### Dates and Duration:

15 - 25 August 2024

Eight days at USM Kubang Kerian, Malaysia - three-day trip to Perhentian Islands

### Program Theme:

Knowledge Exchange in Sustainable Development

### Program Highlights:

- Cultural Exchange: Forge bonds with USM students, experience Malaysian culture, and enhance academic knowledge.
- Educational Modules: Engage in hands-on learning across various topics, such as Food Safety, Water Monitoring, Noise Mapping, and more.
- Cultural Immersion: Explore local villages, learn traditional food preparation, and discover Kota Bharu's vibrant markets.
- Adventure: Snorkeling, scuba diving, and turtle observation on the beautiful Perhentian Islands.

### Cost: AED ~5,500

*Inclusive of: Flights, accommodation, meals, activities, and transportation in Malaysia.*

*Not included: Insurance and personal expenses.*

## Join Us for an Unforgettable Journey!

Seats are limited to **20 students**, so hurry up and seize the opportunity! Enhance your academic journey with international experience and cultural insights.

For further enquiries, please contact:

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### Agenda

Day	Time	Activity	Location/Notes
Day 0	-	Arrival and Check-in	USM Kubang Kerian
Day 1	Morning	Welcome and Introduction to Kelantan	
	Afternoon	Ice-breaking activities	
	Evening	Free time and dinner	
Day 2	Morning	EH Module 1: Food Safety and Hygiene	Theory and hands-on activities
	Afternoon	OSH Module 1: Noise Monitoring and Mapping	Practical use of equipment
	Evening	Free time and dinner	
Day 3	Morning	EH Module 2: Water Monitoring	Laboratory setting
	Afternoon	OSH Module 2: Indoor Air Quality Testing	Practical experience
	Evening	Free time and dinner	
Day 4	Full Day	Nature's Escape - Min House Camp	Sustainable living and traditional food preparation
Day 5	Full Day	Village Voyage - Kampung Seterpa	Cultural activities and workshops
Day 6	Morning	OSH Module 3: Ergonomic Risk Assessment	Risk assessment training
	Afternoon	OSH Module 4: Basic CPR and First Aid	Life-saving skills training
	Evening	Free time and dinner	
Day 7	Morning	Community out-and-about	Explore Kota Bharu and Siti Khadijah Market
	Afternoon	Free time for personal exploration	
	Evening	Farewell dinner and student show	
Day 8	-	Departure to Perhentian Islands	
Day 9 - 11	-	Perhentian Island Retreat	Snorkeling, scuba diving, hiking